



Benefits Review Planning

Package Price \$225 + GST

This is a two-hour province-specific coaching session. CHAI Health Advocates will help tailor your benefits to you and help you understand each modality fully so you can make informed choices in your health.

Many individuals have benefits packages that they are not aware of and how it can assist in their wellness.

Our Health Advocates will summarize your current situation and research your benefits to create a plan that will utilize the appropriate treatments.

Benefits are usually 80-100% covered and they can increase your vitality in life. They are a great addition to your self-care and health autonomy.

Some Benefit Modalities include:

- Naturopath
- Chiropractor
- Acupuncturist
- Osteopath
- Massage Therapy
- Nursing Services
- Wellness (Mental Health) Services

Book a Free consultation to learn more about the benefits of this package.